

# SIGNATURE SOUPS

Regular  
\$7

Large  
\$8

served with a sourdough roll

**Organic Smoky Split Pea** A hearty vegetarian split pea soup with chunks of carrots and tomatoes and a hint of smoke from chipotle chiles (V) (LF) (DF) (GF)

**Organic Southwestern Corn Chowder** A delectable blend of roasted corn, red bell peppers and red potatoes, simmered with ancho chiles (V) (LF) (DF) (S) (GF)

**Organic Tomato Bisque** A luscious, silky, organic tomato and sweet cream soup (V) (GF)

**Mexican Chicken Tortilla** A blend of corn tortillas, oven-roasted tomatoes, red bell peppers & jalapenos with grilled chicken (LF) (DF) (S) (GF)

**New England Clam Chowder** A thick, rich and creamy traditional recipe loaded with clams from the north Atlantic and red skinned potatoes (GF)

**Chicken Noodle Soup** A flavorful, soothing broth full of chicken, carrots, celery and egg noodles, finished with fresh dill and parsley (LF) (DF)



\* Add \$1 for Bubly Sparkling Water or Proud Source Water

(V) VEGETARIAN (LF) LOW FAT (S) SPICY (DF) DAIRY FREE (GF) GLUTEN FREE

## CUSTOM TOSSED SALADS \$13

served with a sourdough roll

**Asian Chicken or Tofu** Organic mixed greens, certified humane antibiotic free chicken or organic tofu, edamame, carrots, cabbage & wonton strips with miso sesame vinaigrette (DF)

**Brussels, Kale & Quinoa** Massaged kale, shaved Brussels sprouts, tri-color quinoa, carrots, Granny Smith apples, cabbage, dried cranberries, feta & toasted pumpkin seeds with Meyer lemon vinaigrette (V) (GF)

**Brussels Sprouts Caesar** Massaged Kale, avocado, shaved Brussels sprouts, croutons & aged Parmigiano-Reggiano with classic caesar dressing (V)

**Cabo Grilled Chicken** Crisp romaine, certified humane antibiotic free chicken, avocado, red bell peppers, corn, tortilla chips, cabbage, cilantro & pumpkin seeds with cilantro lime vinaigrette (DF) (GF)

**Chicken Chipotle** Organic mixed greens, certified humane antibiotic free chicken, corn, jicama, black beans, tomatoes, avocado, cheddar & tortilla chips with creamy chipotle dressing (S) (GF)

**Grilled Chicken Caesar** Crisp romaine, certified humane antibiotic free chicken, croutons & aged Parmigiano-Reggiano with classic Caesar dressing

## GRAIN BOWLS \$13

served with a sourdough roll

**Riced Cauliflower & Hummus** Riced cauliflower hummus, tri-color quinoa, certified humane antibiotic free chicken, riced cauliflower hummus, feta, organic mixed greens, shaved Brussels sprouts, cranberry beet relish & toasted pumpkin seeds with pomegranate vinaigrette (V) (GF)

**Quinoa Feta Avocado** Tri-color quinoa, certified humane antibiotic free chicken, organic mixed greens, avocado, feta, English cucumbers & red bell peppers with green goddess dressing (V) (GF)

**Pico Kale** Tri-color quinoa, certified humane antibiotic free chicken, massaged kale, avocado, black beans, red bell peppers, cabbage, pickled red onions & tortilla chips with (V) (S) (DF) (GF)



\* Add \$1 for Bubly Sparkling Water or Proud Source Water

(V) VEGETARIAN (LF) LOW FAT (S) SPICY (DF) DAIRY FREE (GF) GLUTEN FREE