

FRUIT SEASONALITY CHART



As part of our commitment to sustainability, Cal Dining prioritize sourcing fruits that are local and in season as much as possible. Seasonal fruits are typically grown closer to you, harvested at the peak of freshness, and tend to be nutrient dense. We encourage you to color your plate with a variety of seasonal fruits! By reducing consumption of fruits that are not in season locally, you also help reduce carbon emissions produced by shipping from afar. By taking only what you can consume in one sitting, you help us to continue offering you the best assortment possible.

