

For those who choose a vegetarian or vegan diet, Cal Dining is your partner in providing the balanced diet you need to sustain your health.



VEGAN/VEGETARIAN

Food choices are made for many different reasons — including cultural, emotional, economical, religious, ethical, environmental and personal health. For customers choosing a vegetarian or vegan diet, Cal Dining is your partner in providing the balanced diet you need to sustain your health.

There are different types of vegetarian diets that vary in the amounts and types of animal products included. At all Cal Dining locations, there are daily selections for both vegetarian (no meat or fish) and vegan (no animal products of any kind, including meat, eggs and dairy) diets.

The choices are easily identified by the following symbols:

 = vegetarian

 = vegan

We are here to help! Customers can talk to the unit executive chef or e-mail us at dining@berkeley.edu with questions regarding their dietary needs or requirements.



vegan potstickers with vegetable stir fry and fried rice.

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